

Types of Prayer – Week 6

Deliverance

Prayers of deliverance are similar to prayers of petition. They are requests made to God to save us or others from challenging or dangerous situations. But they also acknowledge that we can do nothing apart from God and that He has the power to save. These prayers are all over the Bible – especially in King David’s Psalms. Check out these prayers from the Bible for examples of prayers for deliverance.

Psalm 3

“O Lord, how many are my foes! Many are rising against me; many are saying of my soul, ‘There is no salvation for him in God.’ But you, O Lord, are a shield about me, my glory, and the lifter of my head. I cried aloud to the Lord, and he answered me from his holy hill. I lay down and slept; I woke again, for the Lord sustained me. I will not be afraid of many thousands of people who have set themselves against me all around. Arise, O Lord! Save me, O my God! For you strike all my enemies on the cheek; you break the teeth of the wicked. Salvation belongs to the Lord; your blessing be on your people!”

Luke 22:39-42

“And [Jesus] came out and went, as was his custom, to the Mount of Olives, and the disciples followed him. And when he came to the place, he said to them, ‘Pray that you may not enter into temptation.’ And he withdrew from them about a stone’s throw, and knelt down and prayed, saying, ‘Father, if you are willing, remove this cup from me. Nevertheless, not my will, but yours, be done.’”

Jonah 2

“Then Jonah prayed to the Lord his God from the belly of the fish, saying, ‘I called out to the Lord, out of my distress, and he answered me; out of the belly of Sheol I cried, and you heard my voice. For you cast me into the deep, into the heart of the seas, and the flood surrounded me; all your waves and your billows passed over me. Then I said, ‘I am driven away from your sight; yet I shall again look upon your holy temple.’ The waters closed in over me to take my life; the deep surrounded me; weeds were wrapped about my head at the roots of the mountains. I went down to the land whose bars closed upon me forever; yet you brought up my life from the pit, O Lord my God. When my life was fainting away, remembered the Lord, and my prayer came to you, into your holy temple. Those who pay regard to vain idols forsake their hope of steadfast love. But I with the voice of thanksgiving will sacrifice to you; what I have vowed I will pay. Salvation belongs to the Lord!’ And the Lord spoke to the fish, and it vomited Jonah out upon the dry land.”

Application

Think back to a time when you were in a dangerous or difficult situation and needed help. Did you cry out to God for help? How did He answer? Are you in a situation now that feels hopeless unless He intervenes? Are there things in your life from which you need to find freedom?

Struggles you have from which you need deliverance. Ask Him for what you need and set it before His feet. Trust that He will help you and ask Him to speak to you.