

## **WEEK 1 - ADORATION**

Adoration is praising God for who He is. God is the Lord of all and deserves our praise because of that alone. Psalm 95 encourages us to exalt the Lord because He is holy. Recognizing the Lord's power, mercy, love, and more in your prayer life is good.

### **Examples of adoration prayers:**

#### **Psalm 104:1-4**

*"Bless the Lord, O my soul! O Lord my God, you are very great! You are clothed with splendor and majesty, covering yourself with light as with a garment, stretching out the heavens like a tent. He lays the beams of his chambers on the waters; he makes the clouds his chariot; he rides on the wings of the wind; he makes his messengers winds, his ministers a flaming fire."*

#### **1 Kings 8:22-24**

*"Then Solomon stood before the altar of the Lord in the presence of all the assembly of Israel and spread out his hands toward heaven, and said, 'O Lord, God of Israel, there is no God like you, in heaven above or on earth beneath, keeping covenant and showing steadfast love to your servants who walk before you with all their heart; you have kept with your servant David my father what you declared to him. You spoke with your mouth, and with your hand have fulfilled it this day.'"*

### **Application**

Which of God's characteristics do you admire and adore, and which inspires you the most? Make a list of as many things as possible about who God is and keep them at hand when you pray. Each time you pray an adoration prayer, pick a few things off your list and tell Him that you adore those things about Him.