



The Shield

Lent Edition

2 March to 14 April 2022

Praying for the Canadian Military
Community



Preamble: Lent is the six weeks leading up to Easter. It's an important time of year for many Christians around the world. Lent has been a traditional time for fasting or giving something up. Just as we carefully prepare for events in our personal lives, such as a wedding, birthday, or a commencement. Lent invites us to make our minds and hearts ready for remembering Jesus' life, death, and resurrection.

Before starting your Lenten prayers, take some time for personal confession, repentance, and gratitude towards God. While praying, don't spend too much time on yourself but focus on God. Take time to be silent and listen for God. There is no regulated amount of time to pray, but your prayer time will get longer as you set aside time. Again, don't fret about what to say but know that when you approach God, He is with you and is pleased you want to spend time with Him.

We want to pray that people respond to God's gifts of grace, love, and mercy. We pray God opens people's hearts and minds to hearing and accepting the message of salvation.

Don't become overwhelmed with what to pray. Identify the topic of the day – if necessary, do a quick internet search, identify specifics, reflect on the subject, and let the Holy Spirit guide your words and thoughts. Take time to listen and let the silence speak to you.

Our MCF FACEBOOK page will post suggested devotionals or prayers associated with these topics.

DATE	PRAYER TOPIC
1 Mar – Tuesday	Before starting your Lenten prayers, take some time for personal confession, repentance, and gratitude towards God.
2 Mar - Wednesday	Pray for our Nation
3 Mar - Thursday	Pray for our Provinces and Territories
4 Mar - Friday	Pray for your community
5 Mar - Saturday	Pray for Ukraine
6 Mar - Sunday	Pray for Russia
7 Mar - Monday	Pray for our Federal Political leaders
8 Mar - Tuesday	Pray for our Provincial and Territory Political leaders

9 Mar - Wednesday	Pray for our community political leaders
10 Mar - Thursday	Pray for our Military leaders
11 Mar - Friday	Pray for our Chaplains
12 Mar - Saturday	Pray our DND Civilian leaders
13 Mar - Sunday	Pray for our Serving Military
14 Mar - Monday	Pray for our Military on Operations
15 Mar - Tuesday	Pray for our Military families
16 Mar - Wednesday	Pray for the military who are sick and injured
17 Mar - Thursday	Pray for those Military who have found themselves homeless
18 Mar - Friday	Pray for our DND employees
19 Mar - Saturday	Pray for sick and injured DND employees
20 Mar - Sunday	Pray for agencies supporting the military community
21 Mar - Monday	Pray for the leadership of the Military Christian Fellowship of Canada
22 Mar- Tuesday	Pray for the MCF programs and upcoming AGM
23 Mar - Wednesday	Pray for the MCF ALPHA sessions
24 Mar - Thursday	Pray for MCFs and similar military Christian Fellowships around the world
25 Mar - Friday	Pray for the Church
26 Mar - Saturday	Pray for your church
27 Mar - Sunday	Pray for your pastor
28 Mar - Monday	Pray for the churches in your community
29 Mar - Tuesday	Pray for opportunities to be the church to those around you
30 Mar - Wednesday	Pray about people visiting a church this Easter – invite someone
31 April - Thursday	Pray for your immediate family
1 April – Friday	Pray for your extended family
2 April - Saturday	Pray for your friends
3 April - Sunday	Pray for your neighbour – identify the neighbour to your left and right and pray specifically for them

4 April – Monday	Pray God places the name of a person on your heart that you will commit to praying for daily
5 April – Tuesday	Pray for your local food banks and shelters
6 April - Wednesday	Pray for opportunities to volunteer
7 April - Thursday	Pray for those serving in the community
8 April - Friday	Pray for those working in health care
9 April - Saturday	Pray for those working in emergency services
10 April - Sunday	Pray for your firefighters
11 April - Monday	Pray for your police force
12 April - Tuesday	Pray for those in retail you encounter
13 April - Wednesday	Pray to be used by God in His ministry to take the Gospel to the world
14 April – Thursday	Pray for God's grace to open eyes and hearts this Easter Sunday

