

HOW TO PRAY THROUGHOUT YOUR DAY

40 Days of Prayer – Week 5

(Note – may only be reproduced for use as a participant in MCF's 40 Day of Prayer campaign)

“Pray in the Spirit AT ALL TIMES with ALL KINDS OF PRAYERS, asking for everything you need. To do this you must always be ready and never give up. And always pray for all God's people.”
Ephesians 6:18 (NCV)

BY DEVELOPING 2 HABITS

1. _____
“Pray on every occasion, as the Spirit leads.” Ephesians 6:18 (TEV)
“Never stop praying! (Pray all the time!)” 1 Thessalonians 5:17 (GW)
2. _____
“Seven times a day I praise you!” Psalm 119:164 (NIV)

A DAILY SCHEDULE BUILT ON THE LORD'S PRAYER

1. _____ (THANKSGIVING)
Jesus said, “. . . Your Father knows what you need before you ask him. So then, this is how you should pray: 'Our Father in heaven' . . .”
Matthew 6:8-9
“Every good gift and every perfect present comes from your Father of light in heaven . . .” James 1:17

- **I thank my Father in heaven for his consistent love & I recall**

- all _____
2. _____ (PRAISE)
“Hallowed be your name . . .” Matthew 6:9b

“Every day I will bless your name, and praise it forever and ever!”
Psalm 145:2

- **I review God's names & _____**

GOD SAYS “I AM . . .”

Abba Your Loving Father!
El Deah Your God Who Knows Everything!
Jehovah Rapha Your God who Heals you!
El Shaddai God Almighty – with all the Power you need!

“Those who know your name trust in you, for you, Lord, have never abandoned those who truly seek you.” Psalm 9:10

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3. _____ (DEDICATION)

“May your kingdom come, and may your will be done, on earth as it is in heaven.”
Matthew 6:10

- **I align myself with God’s _____ for my life**

“If you seek first God’s kingdom and his righteousness, all the other things will be given to you as well.” Matthew 6:33

4. _____ (PETITION)

“Give us today our daily bread.” Matthew 6:11

- **I ask for _____ I need.**

“You can ask for anything in my name” – Jesus
John.14:13 (NLT)

- **I ask for what _____ (*Intercession*)**

“I’d be sinning against the Lord if I failed to pray for you.”
1 Samuel 12:23

“Jesus has the power of God, by which he gives us everything we need to live, and to serve God. We have these things because we know him.”

2 Peter 1:3 (NCV)

5. _____ (CONFESSION)

“Forgive us our sins as we forgive those who sin against us.”

Matthew 6:12

- **I admit my sins and I _____.**

“I confessed my sins to you and didn’t try to hide them . . .

Then you forgave me and now all my guilt is gone!”

Psalm 32:5

6. _____ (PROTECTION)

“And lead us not into temptation but deliver us from the evil one.”

Matthew 6:13

1 Corinthians 10:13

7. _____ (BENEDICTION)

“For yours is the kingdom, and the power, and the glory, forever! Amen!”

Matthew 6:13c (NAS)